



**Center for Reproductive Health**  
**OVULATION INDUCTION INSTRUCTIONS**  
**(Ultrasound-Timed)**

Please call the office to schedule a baseline ultrasound (can be done on cycle days 2, 3, 4, or 5) **(Cycle day 1 = 1<sup>st</sup> day of flow; if flow starts after 6 pm, count the following day as Cycle day 1)**

Clomiphene Citrate (Clomid or Serophene) is a fertility pill that improves ovulation by helping the brain to stimulate the ovary. Letrozole (Femara) is an alternative fertility pill that works in a slightly different fashion, but with the same result.

Clomiphene Citrate (Clomid or Serophene) / Letrozole (Femara):

Take \_\_\_\_\_ tablets per day for 5 days starting on cycle day \_\_\_\_\_. (Can start on cycle days 2, 3, 4, OR 5).

A repeat ultrasound will be scheduled approximately 1 week later after starting the fertility pills: \_\_\_\_\_ (date).

Metformin or Glucophage (dose): \_\_\_\_\_.

Based on your ultrasound, you will be instructed when to take an injection of human chorionic gonadotropin (hCG) that will cause you to ovulate automatically. (Ovulation usually occurs approximately 36 hours following an hCG injection).

If appropriate, your doctor will order a serum progesterone level, a blood test that should be drawn approximately 1 week after ovulation.

You may be instructed to take progesterone that should be started on the day after the insemination or post coital test.

Micronized Progesterone 200 mg; 1 capsule per vagina twice a day

Crinone Progesterone Gel 8%; 1 applicator per vagina once a day

Endometrin 100 mg per vagina once a day

**If you do not have insurance coverage for fertility treatment a package plan is available (please ask one of our staff)**

**If you are not pregnant, you should expect a menstrual period approximately 2 weeks following ovulation. If you have not had a menstrual period by that time, please wait 2-3 days and call our office for further instructions.**

**\*\*\*When calling on weekends and after hours, you may call our main office at 513-585-2355, and you will be connected to the paging operator. You may then ask for the physician on call for the Center for Reproductive Health to be paged. If you have trouble reaching a physician on weekends or after hours, you may call 513-768-3000 and speak directly to the paging operator\*\*\***

**OUR OFFICE IS CLOSED FOR THE FOLLOWING HOLIDAYS; THEREFORE ANY TESTING OR INSEMINATIONS WILL NOT BE PERFORMED ON THESE DAYS:**

**New Years Day  
Thanksgiving Day  
Christmas Day**